



# Building Psychological Safety

## A Systems-Centered Approach

Psychological safety is one of the most consistent predictors of innovation, team development, and effective leadership and membership. It means feeling safe enough to speak up and take risks without fear of embarrassment, rejection, or retribution.

This doesn't mean anything goes. It does mean bringing our best selves to work: *'the part that is curious, constructive, and committed to learning. Our best selves make an effort to understand others and to collaborate effectively even with those who don't think like us.'*

Chamorro-Premuzic & Edmonson, 2025

This isn't always easy.

So, how do we foster work environments where this becomes more possible? This participative workshop will apply Systems-Centered ideas and methods for taking up leadership and followership roles functionally to co-create collaborative, goal-oriented, and problem-solving organisational cultures.

**Two-day workshop  
with Rowena Davis and Annie MacIver**

**Eastbourne UK  
14 & 15 May 2026  
09.00-16.45 GMT**



### Who

This workshop is open to all.  
Container training is open to those who have completed SCT Intermediate Skills training.

### Curious?

Fees, registration and more:

**sctuk.org**